



Family & Community “Free To Be Me” Resources

Supporting My Community



Safe & Caring Schools

Procedure 7
Guidelines for LGBTQ Inclusive
Practices NL

[Click Here](#)



Parents of Trans & Gender Diverse Kids - NL

Support network for caregivers of
gender diverse children. Send a
message to join.

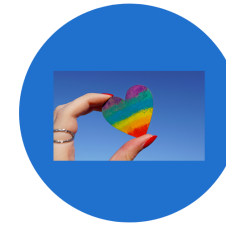
[Click Here](#)



Youth Project Resources

Information for Caregivers
From Youth Project NS

[Click Here](#)



Tips

for Parents of LGBTQ Youth

[Click Here](#)



Gender Creative Kids

Resources for supporting and
affirming gender creative kids within
their families, schools and
communities.

[Click Here](#)



Reading List for Adults

Books to Help Adults Understand
Transgender & Non-Binary Children

[Click Here](#)



Pflag NL

The link below has the contact
information of local chapters of
Pflag

[Click Here](#)



Egale Canada

Tips for Parents of a Gay, Lesbian,
Bisexual, or Transgender Child

[Click Here](#)



It Gets Better

A video collection of personal
stories from the 2SLGBTQ+
Community

[Click Here](#)



Quadrangle NL

Their mission is “to
create a community centre for
2SLGBTQAI+ individuals and
organizations.”

[Click Here](#)